When A Loved One Dies

March 4, 2011 By Djehuty Ma'at-Ra

If you have just experienced the loss or death of a loved one, may you find comfort via understanding within this article.

First of all, I believe we should begin to switch the word “death” to “transition.” Death has been given the stigma of something negative, something that spells the end for all life, which is not true. In most cases, death has been used against us to control us. We have been programmed to see death as an ending rather than what it truly is - a beginning! It all boils down to perception.

Chief Seattle properly summed it up in his saying that: “Death is not an ending, only a change of worlds.”

Another beautiful maxim states: “Death is an optical illusion.”

Also, “There is no death. There is, as you know, entrance into the fuller life.” - Alice A. Bailey

The damage has been done here on Earth in the Western World, especially the United States, in programming us to believe that life exists only here on Earth, in the Third Density or Dimension. However, this is not true! Life pervades the entire Universe and Multiverse. Leaving one dimension for another has been called death, but it is only a transition, a “passing over”, going from one dimension, plane, or world to another.

When we leave Earth (3rd Dimension), we move forward to the next dimension that just happens to be different from this dimension that deals with physical life. The next dimension (and subsequent higher dimensions) does not require a physical vessel like life on Earth. In these other dimensions, the soul is free to travel without a hindering vessel like here on Earth, like what happens while astral traveling or dreaming. While dreaming or astral traveling (out of body experience), your Soul is outside of your physical body.

A big problem we make here on earth is that we confuse the physical body as the real person or soul instead of knowing that the flesh body is only a vessel that contains the soul for it’s duration on this realm in a particular lifetime (as there are subsequent lifetimes). Living and dying are nothing new to us. We have died and reincarnated numerous times.

You may have heard that “we are SPIRITUAL beings experiencing a physical existence”, and this is very true; but if you confuse matters and believe that we are physical beings undergoing a

spiritual existence, then you are setting yourself up for a serious detriment.

We get caught up on the physical shell and miss the fact of the soul, so when the present life's shell (body) ceases to exist, we become saddened and only so due to the fact that we became attached to the shell, which is really an illusion as it is not the soul. We say we will miss the person in death but in reality all we will miss is the shell of the person. The soul (the real person or entity) never dies nor can it.

The soul simply changes outfits or bodies. It's like having a closet full of outfits and considering each day as a lifetime. The soul is merely changing outfits (body) for each new day (lifetime).

It is very sad and unfortunate that religion (especially exoteric Western religions) does not deal in or with metaphysics or the occult interpretation of existence, the exceptions of course are Gnostic Christianity, Jewish Kabbalahism, and Islamic Sufism.

I mostly find that people of a religious persuasion are the ones who seem to not be able to handle the passing of a loved one. They cry excessively and many of them talk foolishly, stating that they wish it were them instead who died, or how they can't go on in life anymore. Many fall into states of chronic depression and despair that is really their choice to do so because it's really unnecessary.

At the funeral of a loved one or friend, many of them outright faint or collapse, something I find very indicative of African-Americans at their funeral processes. Some even try to hop inside the coffin or casket. People who talk and act like this are clearly not grounded in life or the understanding of life and its natural processes. They are slaves to their ignorance pertaining to death or transition.

Missing and grieving a deceased love one, especially a parent, spouse, or child, is understandable, but depression is a bit too much. The deceased person does not want this from you. They are just fine on the other side. They are receiving everything they need depending on their specific circumstances predicated upon their most recent Earth incarnation experience and perhaps how they died (i.e. violent death, shock of death/unexpected death).

No one who transitions is ever alone. Ever! The person has all the assistance they need on the other side. Reference the following:

"As death approaches, relatives or friends who have gone on before gather around the dying person to assist in the imminent transition from the physical to the nonphysical state. Frequently the dying can see them already, for at the time of imminent death the bonds between conscious and unconscious are very loose. Dr. Karlis Osis of the American Society of Physical Research did some valuable studies on bedside observations of the dying in various hospitals. In these reports, mention is made frequently of the alleged presence in the hospital room of a long-dead relative or friend whom only the dying person can see or hear. In the past, such phenomena have been brushed aside as "hallucinations of the dying", implying that all patients in their terminal stage are

mentally incompetent and therefore their testimony is not to be taken at face value.” “Life Beyond.” Holzer, Hans., p. 136-137

So clearly, your crying and grieving is only for yourself and does not do anything to help the deceased person. You are wasting valuable energy and time. You should really go on with your life for you too will transition one day. Have you done all of your heart’s desires? You are here on earth for a reason. You are not here for another person, at least not first and foremost. You are here for your soul’s purpose and for a higher spiritual reason and lesson. Release the deceased person! Let them go on for their soul’s purpose. Hold the warm and loving memories of the person in your heart and go on about your life’s business. LET GO and LET GOD! All is well!

In conclusion, death is not the end of life. You (or any other person) cannot ’not’ exist! Please reference the following:

“When we are alive, we define ourselves by what we can see, hear, or touch. We are tissue, bone, and matter. When people die and we can no longer connect with them through our senses, we cannot help but to think that they no longer exist. This is not true. As Albert Einstein proved decades ago, everything is made of energy. Energy cannot be destroyed; it can only change form. You cannot ’not’ exist, you can only transform. Death cannot end your life, it can only enhance who and what you are.” - Cyndi Dale

Thank you for you reading!

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