U Are My Motivation

December 22, 2015 By Nicole Lemelle

“God gave you a gift of 86,400 seconds today. Have you used one to say thank you?” ~ William Arthur Ward

I usually write about what is happening in my life but this post is about you. I want to thank all of you for your support and encouragement throughout the year. Five years ago at the age of 35, multiple sclerosis forced me to stop working. Since then, writing this blog is what I do. It’s become a big part of me and so have the people who read it.

My favorite component of the website is the comment section. I always read them even if I don’t always answer back. I also love receiving private messages from all over the world. Some e-mails are from friends and family of people with MS who are seeking advice. But most come from fellow MSers who just need to talk to someone who understands what they are going through.

This is why I write. To let families, friends, caregivers and anyone living with MS know they are not alone.

I must admit, I am slowing down and it is getting harder to maintain the website. But all the positive feedback inspires me to continue.

So far, My New Normals has provided me with a lot of amazing opportunities. And I’m very excited for what 2016 will bring.

Thank you for reading. You help motivate me to keep fighting this disease. I’m so grateful for all of you.

Happy Holidays and Happy New Year!

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