Therapeutic Horseback Riding

June 24, 2014 By Nicole Lemelle

I am back at the farm for another season of therapeutic horseback riding.

I ride until August, then we take a couple of months off because of the heat.

It cost $25 and I go once a week.

I really love it and recommend it to everyone.

Meeting my new horse. (Video)

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http://beta.docker.realhealthmag.com/blog/therapeutic-horseback-riding