

# Pure Magic

July 8, 2014 By [Nicole Lemelle](#)

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✘ “Hope is a good thing, maybe the best thing, and no good thing ever dies.” - Stephen King - The Shawshank Redemption

I am trying to live beyond MS. It has produced so many obstacles in my life that I can't see anything but the negativity that arises from its poisonous grasp. The disease comes with countless constraints that induce me into becoming a prisoner to its daily whims.

It stunts desires, kills cravings and destroys aspirations. Sometimes it feels as if it's choking the life right out of me. Even thinking of it now leaves me breathless.

MS hurts. If you let it, the pain of the disease can pull you down further than hell. Lower than you can ever imagine. The whole magnificent emptiness that is MS, wants to control your life and destroy any semblance of happiness.

In my fight to remain in control my main refuge has been hope. Hope is the only thing that keeps me sane. Hope brings me clarity. It sometimes takes me away from MS. It allows me to focus on a particular instant of MS free happiness. And those moments, when I forget I have MS, are nothing short of magic.

Pure magic.

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