

I Need Your Help

June 20, 2016 By [Nicole Lemelle](#)

“You like to be independent, but you will need to learn to ask for help. It doesn’t make you weak.”
~ Taya Kyle

I wanted to write about something new but I have been so preoccupied. In the next couple of weeks, I will begin taking the MS drug Lemtrada. This particular drug is administered over several hours through an intravenous infusion. The process last for 5 consecutive days and also consist of special medical tests and monitoring. The amount of time for each infusion day varies but I was told, be prepared to stay for 8 hours.

So that means, I will have a lot of downtime during the infusion. I love to read and I plan on bringing plenty books and magazines. So I have that covered.

But there is something I need your help with.

Starting a new MS medication always makes me nervous and a bit scared. The uncertainty seems to get the best of me. This is the part where I need you.

My husband recommended I ask the MS community for some encouraging words. It can be anything. Length and content does not matter. It can be one word, a link or even a story about you.

I will not review your comments now. My plan is to wait until I’m in the infusion center before reading your notes. Hopefully seeing your words will take the edge off my nervousness and help me pass the time.

So who wants to help me?
