Love Secrets From King Solomon: Song of Songs

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It is said that King Solomon of ancient Israel had 700 wives and 300 concubines. In other words, he probably had a lot of in-law problems, to be sure. But, he also must have learned quite a bit about love and romance, as evidenced by the beautiful book of poetry he wrote, Song of Songs. You can apply some of his messages of love wisdom to improve your own love life and have a deeper, more satisfying relationship.

Here are 4 Love Secrets from King Solomon:

1. Let Love Sleep: In our fast-food society, people want to fall in love, or at least, in lust, quickly. As soon as they meet an attractive stranger, many singles are already thinking: “Is he or she the one?” Many times singles get their hopes up, only to be crushed later when they discover that the sexy stranger was not compatible with them, at all. Solomon says: “Don’t arouse or awaken love until it so desires.” In other words, love must be cultivated like a flower, watered, and taken care of, and given enough time to bloom. Don’t be in a hurry to turn that acquaintance into a soul mate. Take the time to nurture a friendship that will, in time, turn into a lasting love and beautiful relationship that will stand the test of time. Remember: Love cannot be forced or pressured; it must develop at its own pace.

2. Eat From Your Own Garden: Many people are tempted to stray in relationships. Whether it’s a random thought of flirtation (“what would it be like with that person?”) or an actual sexual affair, many people are not completely satisfied in their relationships. “The grass is greener over the next hill” is a phrase that summarizes the wandering eye of many people in the love game. But, Solomon says it best when he talks about devoted love with one person: “I will climb the palm tree and take hold of its fruit; I am my beloved’s and my beloved is mine.” When you think of a well-taken care of garden, you can imagine there being many delicious fruits; a variety of tasty delights. In the same way, your lover can be a constant feast for you if you invest your time, energy, and spirit into cultivating one special relationship. In this relationship, you can feed each other mentally and physically, providing a variety of attitudes and styles to keep the love interesting: sometimes shy, other times aggressive; sometimes comforting and security-giving, but also wild and unpredictable on other occasions. If you take the time to plant your emotional seeds and water your garden (with time, energy, and affection), you will receive all of the love and happiness you desire.

3 Sing Praises to Your Beloved: Love poetry is a lost art among couples. There is nothing sexier--it's an ideal aphrodisiac, to be sure--than to recite (and listen) to love poetry. Here's your homework love assignment for the week with your mate: For the next seven days, spend 10-15 minutes each day reciting love poetry to each other. You can find poems on the Internet or come up with your own. The key is to make sure that the poem resonates with you; the words should speak to the way you feel about your partner. Also, when reciting the poetry to each other, make sure you look directly into each other's eyes. Who wouldn't melt with words like these from King Solomon? "Your lips drip sweetness; your name is like perfume poured out--you have stolen my heart with one glance." Take the time this week to say love poems to your beloved, and notice the increase in your loving and romantic feelings toward each other.

4. Respect the Power of Love: Many people forget how powerful a force love truly is. Love cannot be contained, controlled, or played with. It also cannot be bought; it must be freely given and freely received. Solomon proclaimed: "Love is a blazing fire that can not be quenched; rivers can not sweep it away." Some people treat love as a game; seeing how many men and women they can bed or get to fall in love with them. This may give them a temporary ego boost, but will end up costing them in the long run in emotional turmoil and may even result in physical violence from spurned lovers. At the same time, some people try to buy the love of others with material goods or the promise of security. Again, this is a fool's vain hope. Love is a force of nature that must be respected, nurtured, and treasured. When you are swept away by this beautiful unstoppable force, you can only do one thing: Succumb to its ecstatic power and bathe in its miraculous delights.

Now, by following these four love secrets from the wise King Solomon, you can improve your love life and achieve the greatest feeling of all: to be completely and unequivocally relinquished in love for your one and only soul mate. Enjoy the Love: the sweetest song of all.

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