Keep it moving with Beyonce!

May 7, 2011 By Rhonda Peters

The National Association of Broadcasters jumped on board in the fight against obesity and organized over 600 schools nationwide for a Let's Move Flash Mob based on Beyonce's "Move Your Body." "Move Your Body" is an exercise/dance routine created to encourage kids to exercise. The Let's Move Flash Mob took place on Tuesday, May 3, 2011, at 1:42pm. Beyonce selected to perform her routine with a group of kids at PS/MS 161 in Harlem while the First Lady Michelle Obama visited Alice Deal Middle School in Washington, DC, to join students with their event--and after looking at the video, it looks like the students were having fun, as well as the First Lady!

Even if you aren't a kid, you will love this video! Check it out!

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