

# Keep it moving with Beyonce!

May 7, 2011 By [Rhonda Peters](#)

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The National Association of Broadcasters jumped on board in the fight against obesity and organized over 600 schools nationwide for a Let's Move Flash Mob based on Beyonce's "Move Your Body." "Move Your Body" is an exercise/dance routine created to encourage kids to exercise. The Let's Move Flash Mob took place on Tuesday, May 3, 2011, at 1:42pm. Beyonce selected to perform her routine with a group of kids at PS/MS 161 in Harlem while the First Lady Michelle Obama visited Alice Deal Middle School in Washington, DC, to join students with their event--and after looking at the video, it looks like the students were having fun, as well as the First Lady!

Even if you aren't a kid, you will love this video! Check it out!

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