All Is Well

March 26, 2013 By Nicole Lemelle

I can remember years ago when the focus of my life wasn't multiple sclerosis. There was a time when I wrote emails that didn't pertain to MS and the subject didn't dominate my every conversation. But unfortunately those days are over.

It bothers me that my "new" life is all about MS. Sometimes I forget that there's more to me than multiple sclerosis.

I use to think it regrettable that you guys didn't know me before MS. I was so active. But now that I think about it, I'm still very active. It's just a different type of active. I participate in riding horses on a local farm. I'm even presently seeking out more MSers to join me through the National MS Society. I do modified physical workouts, I study the Spanish language, I blog and write and I read incessantly. Lastly I watch as much TV as I can fit into my schedule. I'm not sure if that's good or bad.

So, what do you do in your free time?

I wanted you to know that life is not all bad. We may have to plan a little more than others, but life is not all bad. The horrible stuff just makes for better reading.

Thanks to you guys, I now know that the woman I am beneath the MS continues to shine through and most importantly that there's more to us than multiple sclerosis!

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