

Support Groups

Here are some support groups to help you cope with your cancer diagnosis.

January 3, 2018 By Meave Gallagher

No matter your diagnosis, cancer can leave you feeling isolated. The following support groups can help you find a community, either in person or online. Remember, whatever you're going through, someone else has already come out the other side.

Cancer and Careers

cancerandcareers.org

646-929-8032

Cancer and Careers provides advice and educational events to help cancer patients and survivors navigate the workplace. Visit the site for regional events and resources.

CancerCare

cancercare.org

800-813-4673

CancerCare is a national organization that provides counseling, support groups, workshops, publications and financial assistance to anyone affected by cancer. Visit the site for more information.

Cancer Support Community

cancersupportcommunity.com

888-793-9355

Cancer Support Community offers social and emotional assistance to cancer patients anywhere in the world. CSC's Cancer Policy Institute focuses on patient advocacy. Visit the site to find an affiliate group.

Friend for Life

friend4life.org

866-374-3634

Friend for Life is an international network of cancer survivors and caregivers who provide one-on-

one emotional and psychosocial support to people recently diagnosed with cancer, as well as their loved ones. Visit the site to be matched with a volunteer.

Latinas Contra Cancer

latinascontracancer.org

888-522-8110

Latinas Contra Cancer's mission is to support Latinas who are living with or have survived cancer and to promote cancer awareness in the Latino community. Visit the site for international resources.

Malecare

malecare.org

212-673-4920

Malecare is a leading support and advocacy organization for all men living with cancer, especially prostate cancer. Information is offered in multiple languages. Visit the site to find a support group near you.

National LGBT Cancer Network

cancer-network.org

212-675-2633

The National LGBT Cancer Network provides support to members of the LGBT community who are living with or have survived cancer and offers cancer education to the LGBT community. Visit the site to join its online support groups.

Nueva Vida

nueva-vida.org

Nueva Vida offers information, support and empowerment for Latino families, both cancer patients and those affected by cancer. Visit the site for services, locations and partners.

Sharsheret

sharsheret.org

866-474-2774

Sharsheret serves Jewish women living with breast cancer or ovarian cancer or who are at increased genetic risk for breast cancer. Visit the site to find a chapter near you.

Sisters Network Inc.

sistersnetworkinc.org

866-781-1808

Sisters Network offers support to breast cancer survivors, with a focus on African-American women, as well as community outreach and education. Visit the site to find a support group near you.

Stupid Cancer

stupidcancer.org

877-735-4673

Stupid Cancer offers guidance, support and empowerment to young adults (under age 40) affected by cancer. Visit the site to find online resources, meet-ups and a regional chapter near you.

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<http://beta.docker.realhealthmag.com/article/support-groups-cancer>