

# Stuff We Love-Summer 2014

A roundup of the latest, must-have finds for hair, skin, health, beauty and more. These products are worth every cent.

June 5, 2014 By [Kate Ferguson](#)

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## Hail Merry Macaroons

(8-pack, \$40, [hailmerry.com](http://hailmerry.com))

Bite into these luscious little mounds without one ounce of guilt! They're big on strawberry, caramel sea salt and chocolate flavor, but gluten-free, organic and vegan.

## Element Rice & Corn Cakes

(from \$23.94 to \$47.88 for boxed packs, [elementsnaacks.com](http://elementsnaacks.com))

Satisfy a snack attack with these crunchy, totally gluten-free discs. Topped with smooth chocolate or creamy fruit, they boast only 5 grams of sugar.

## Contents Earth-Silk Glossifyer and Scalp Conditioning Cream

(\$35, \$30, [contentshaircare.com](http://contentshaircare.com))

These professional treatments promote hair growth, moisturize tresses, stop shedding and breakage, and protect hair from heat and sun damage.

## Honest Tea Heavenly Lemon Tulsi

(16 fl. oz., \$1.49 per bottle, [honesttea.com](http://honesttea.com))

A great summertime thirst quencher, this light, refreshing tea is made from a naturally caffeine-free herb and infused with flavors from aromatic lemon peel, lemon myrtle and lemongrass.

## OurSkinny The Easiest Diet Ever

(About \$10 per day, [ourskinny.com](http://ourskinny.com))

These satisfying high-protein shakes, bars and snacks are also low in fat, calories, sugar and carbs—perfect for dieters who crave simplicity.

## FitKnix

(a hi-tech line of women's underwear, \$24 to \$34, [knixwear.com](http://knixwear.com))

Active women will love these undies made with FreshFix technology that wicks away moisture while eliminating odor.

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<http://beta.docker.realhealthmag.com/article/stuff-we-love-summer-2014-25715-2175>