Stuff We Love-Spring 2015

A roundup of the latest must-have finds for hair, skin, health, beauty and more. These products are worth every cent.

February 26, 2015 By Kate Ferguson

Bio Seaweed Gel (15 ml., $18)
Try more than 114 rich, vibrant hues in this line of durable gel polishes. The gel cures in the sun and is free of the five most harmful chemicals commonly found in other nail polish brands, bioseaweedgel.com.

Yumbutter (7 oz. pouches, $6.99 to $7.99; 16 oz. jars, $9.99 to $13.99)
These nutritious nut and seed butters offer several flavors, including superfoods blends of chia, hemp seeds and goji berry to provide complete protein, a double dose of omega-3s and antioxidants, yumbutter.com.

ESSIO Aromatherapy Diffuser (starter kit with three pods of blended organic essential oils, $44.99)
Attach this device to your shower, turn the tap and enjoy a unique and rejuvenating spa experience at home, essioshower.com.

Body Glide for Her (0.80 oz., $7.99)
This is one product in a line of balms that are made of plant-derived wax and apply smoothly to moisturize and protect skin from irritation, chafing, pain and blisters, bodyglide.com.

Herbal Tea Concentrate (3.53 oz., $41.70)
Mix a little more than half a teaspoon into up to 8 ounces of hot or cold water for a refreshing, low-calorie, metabolism-boosting tea; available in different
flavors, herbalife.com.

CHI 44 Iron Guard (8.5 fl. oz., $15)
Red carpet stylists suggest prepping hair with this thermal spray to protect tresses from hot styling tools, loxabeauty.com.

Honeydrop Beverages (10 fl. oz., immunity-boosting Apple Ginger Lemon, $84 for case of 12; detoxifying Lemon Cayenne Cleanse, $50 for case of 12)
These cold-pressed juices contain a tablespoon of either raw manuka honey or raw local honey (sourced from NY, NJ and CT) and boast beneficial vitamins, enzymes and nutrients,

honeydrop.com.



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http://beta.docker.realhealthmag.com/article/stuff-we-love-spring-2015-26882-9648