

# Stuff We Love-Winter 2013

A roundup of the latest, must-have finds for hair, skin, health, beauty and more. These products are worth every cent.

December 4, 2013



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## Oscillocochinum

(adult 6-dose pack, kids 6-dose pack, \$11.99)

Safe, easy-to-take homeopathic remedies can help reduce flu symptoms if taken as soon as you feel the onset of chills, body aches and fever.

## Sulwhasoo Hydro-Aid Moisturizing Collection

(Lifting Serum, 2 fl. oz., \$110; Lifting Mist, 3.4 fl. oz., \$45; and Lifting Cream, 1.7 fl. oz., \$100)

Pricy, yes, but these seaweed-based rejuvenators are like giving your skin a luxe spa treatment.

## Out of Africa Shea Butter Body Oil and Shea Butter Body Lotion

(each bottle 9 fl. oz., \$24.99 and \$9.99)

Proceeds from the sale of these nourishing, healing skin moisturizers also help to educate and provide medical care for children in West Africa.

## Skinnygirl

(\$14.99 to \$21.99)

Aptly named, this line of fine spirits boasts low calorie counts of 100 or less per serving, so they're perfect for holiday weight watchers.

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<http://beta.docker.realhealthmag.com/article/stuff-we-love-24892-3212>