

Stuff We Love – Winter 2019

A roundup of the latest must-have finds for hair, skin, health, beauty and more. These products are worth every cent.

December 2, 2019

Perk Box, Gourmet Variety Sampler

[Perk Box, Gourmet Variety Sampler](#)

(24 single-serve cups, \$19.99; or subscribe for monthly delivery)

This assortment is for java lovers who enjoy seasonal flavors like Spiced Chai or Apple Crumb Cake. The selections include gourmet coffees, lattes and cappuccinos. Compatible with all Keurig K-cup machines.

smartsipscoffee.com

Gobi Heat Apparel

[Gobi Heat Apparel](#)

(\$119 to \$259)

This line of heated men's and women's clothing is designed with conductive thread elements that source warmth from a rechargeable grab-and-go battery pack (a charge lasts 10 hours). Press a button to turn up the heat in jackets, gloves, pants and other gear. Settings include low, medium and high.

gobiheat.com

Hurt Skurt

[Hurt Skurt](#)

(\$24.98 to \$49.98)

Treat sore muscles and joints with long-lasting hot or cold therapy by applying these colorful, stretchable fabric-covered gel packs directly on painful areas.

hurtskurt.com

Pluggerz

[Pluggerz](#)

(various sizes, \$14.99)

Protect your ears with these washable, reusable earplugs that were designed to handle all kinds of noises. Made from extra-soft hypoallergenic silicone.

pluggerz.com/en/

Stocking Stuffers

Chum Fruit Bites

[Chum Fruit Bites](#) contain 100% fruit and no artificial ingredients, added sugars or color. Available in apple, strawberry, peach, berry and mango. 12-pack, \$19.99, chumbites.com

Patch Bamboo Bandages

[Patch Bamboo Bandages](#) are made of 100% organic bamboo fiber and are easy to remove, totally compostable and infused with elements such as coconut oil, aloe vera and activated charcoal, which are noted for their healing power. 25-count pack, \$7.99, patchstrips.com

Dermaquest Beauty Enhance Kit

Dermaquest Beauty Enhance Kit contains four products to prep your face for makeup application, or simply to cleanse and hydrate the skin: Universal Cleansing Oil, 2 fl. oz.; Algae Polishing Scrub, 1 fl.oz.; Essential B5 Hydrating Serum, 0.5 fl. oz.; and Perfecting Primer, 0.5 fl. oz. \$75, dermaquestinc.com

Wrap Cinnamon Coconut Chips and Wrap Pumpkin Spice Coconut Wraps

[Wrap Cinnamon Coconut Chips](#) and [Wrap Pumpkin Spice Coconut Wraps](#) are great to eat alone or add to sweet or savory dishes. They're also perfect for keto, vegan, paleo, gluten-free or raw food diets and make for tasty and nutritious snacking. 2 oz. bag of chips, \$5.40; single-pack, 5 wraps, \$8.99. [wrap.com](http://www.wrap.com)

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<http://beta.docker.realhealthmag.com/article/stuff-love-winter-2019>