

Stuff We Love – Spring 2020

A roundup of the latest must-have finds for hair, skin, health, beauty and more. These products are worth every cent.

March 2, 2020

Koios Nootropic Drink

[Koios Nootropic Drink](#) (12-pack of 12 fl. oz. cans, assorted flavors, \$26.39)

This tasty beverage was formulated using a proprietary blend of vitamins, minerals and such ingredients as MCT oil, green tea and lion's mane mushroom, among others, and is intended to boost energy, enhance cognition, mood and brain power. koiosbeveragecorp.com

Crushed Tonic

[Crushed Tonic](#) (samplers kit, \$15; 30-pack, \$105)

Organic superfoods in these packets include matcha, turmeric and lucuma powders with marine collagen, probiotics, biotin and antioxidants. Pour into warm milk, coffee, smoothies or juices and sip for skin, hair, muscle, joint and bone health. crushedtonic.com

Crossrope

[Crossrope](#) (sets and bundles, \$98 to \$138)

Get lean, strong and fit with these durable, tangle-free jump ropes. Engineered with pro-grade ball bearings encased in ergonomic handles so you can enjoy a smooth jumping experience. Features a fast-clip connection for quick switches between light and heavy ropes. [crossrope.com](https://www.crossrope.com)

Cocofloss Fresh Coconut Floss

[Cocofloss Fresh Coconut Floss](#) (32 yards, \$9)

A soft, textured, chemical-free dental floss treats your gums while delighting your taste buds. Made with microcrystalline wax, coconut oil and fruit oils. cocofloss.com

Ballsy Goodhead Shampoo and Conditioner

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[Ballsy Goodhead Shampoo and Conditioner](#) (16 oz., \$15 each)

These high-end botanical formulations are chemical-free. Designed to smooth, nourish, hydrate and strengthen men's hair with quinoa protein, green tea and hibiscus as well as tea tree and olive oils. ballsybrand.com

[Mad Hippie Vitamin C Serum](#) (1.02 fl. oz., \$33.99)

This blend of vitamins C and E and hyaluronic acid promises to plump the skin and help reduce the appearance of wrinkles and discolorations. Clary sage hydrates, and chamomile extract soothes, protects and calms. madhippie.com

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<http://beta.docker.realhealthmag.com/article/stuff-love-spring-2020>