Stuff We Love – Spring 2018

A roundup of the latest must-have finds for hair, skin, health, beauty and more. These products are worth every cent.

March 5, 2018

Ethique Beauty Bars (from $8 to $32)

These solid shampoos, conditioners, body washes, moisturizers and other personal care items are made from sustainable, ethically sourced, naturally derived ingredients and sold in compostable packaging. amazon.com

Pachy Natural Deodorant (2 oz., $9.99; .75 oz., $3.99)
A natural formulation of rich, plant-based butters, powders, oils and extracts that nourish the skin while effectively fighting bacteria that causes odors. rusticmaka.com

Blue Copper 5 Firming Elasticity Repair (1.7 oz., $86, 1 oz. $58); Anti-Aging Body Lift (5 oz., $95); Lip & Tuck (.17 oz., $35)
All are formulated with copper peptides, proteins that can improve the tone, firmness, texture and radiance of targeted areas on the face and body. osmotics.com

ARIIX PureNourish Natural (32 oz., $87.07)
This plant-based dietary supplement contains high-quality protein, essential vitamins and minerals, probiotics, enzymes and natural sugars. Add eight ounces to water to replace a meal or to make a nutritious portable snack. ariix.com

Niucoco Luxury Hair Care Hydrating Shampoo (8.5 fl. oz., 250 ml, $22); Smoothing Conditioner (8.5 fl. oz., $22); Renewing Hair Serum (1.7 fl. oz., $29)
Made with extra virgin, cold-pressed, unrefined coconut oil, these products are for all hair types and contain no sulfates, parabens, phthalates or gluten. niucoco.com

---

© 2026 Smart + Strong All Rights Reserved.
http://beta.docker.realhealthmag.com/article/stuff-love-spring-2018