# Ready to Be Fibroid-Free

After dealing with uterine fibroids for years, Stephanie Watson is having a myomectomy.

June 13, 2022 By Stephanie Watson

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I've been dealing with uterine fibroids for several years. I've finally come to terms with having a myomectomy. I was given the option of shrinking them by 40% with uterine fibroid embolization, which cuts off the blood supply, but they are 60% enlarged. I just want them gone. I will hopefully have a life without pain and anemia!

What is your greatest achievement?

Finally deciding to get these things out!

What is your greatest regret?

Not doing it years ago. I just got scared when the doctor said my option was a hysterectomy.

What is the most surprising thing you've learned about yourself?

The will to be pain-free.

What is the best advice you ever received?

Not to get a hysterectomy.

If you could change one thing about your life, what would it be?

I'd be fibroid-free.

What person do you most admire?

My mother.

What drives you to do what you do?

My husband.

What is your motto?

Be Strong.

If you had to evacuate your house immediately, what is the one thing you would grab on the way out?

My wallet.

If you could be any animal, what would you be?

A bird.

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