Pushing Through the Pain

How fibroids have affected one woman's self-image and life.

September 20, 2021 By Heidi Reichert

I have had 30-plus fibroids since I was 19; I am now 39. I still have them. The doctors around here aren't doing much or anything at all to help me. They say it's not life-threatening. I look like I'm 30 months pregnant with twins. I have terrible heavy bleeding every single day of my life. I have horrible pain just about every day of my life. I do not have a sex life, and I don't feel like I want one. I just wish I had some relief from this life of pain and wasn't fat.

What three adjectives best describe you?

Embarrassed, fat, ugly.

What is your greatest achievement?

Being a mom.

What is your greatest regret?

I don't regret anything. Everything has made me who I am today.

What is the most surprising thing you've learned about yourself?

I can keep pushing even through the daily pain.

If you could change one thing about your life, what would it be?

That I didn't have fibroid tumors and I was normal and skinny.

What person do you most admire?

My mom.

What drives you to do what you do?

My child.

What is your motto?

“God works in mysterious ways.”

If you had to evacuate your house immediately, what is the one thing you would grab on the way out?

I’m not leaving without my animals.

If you could be any animal, what would you be? And why?

A bird so I can just fly and soar all day. Or a cat so someone can hold and pet me all day.

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