

Inadequate Adherence to ARVs by Pregnant Women With HIV

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Adherence to antiretroviral (ARV) medications among pregnant women with HIV during pregnancy and after giving birth was inadequate in both high- and low-income countries, according to a report in the journal *AIDS* and reported by *aidsmap*. The adherence rates in the United States, Kenya, South Africa and Zambia were below the recommended level for viral suppression. In an analysis of 51 studies, 73.5 percent of HIV-positive pregnant women had inadequate adherence during and after pregnancy. Adequate adherence is defined as equal to or greater than 80 percent.

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<http://beta.docker.realhealthmag.com/article/pregnancy-hiv-adherence-23016-1350>