National Transgender HIV Testing Day 2020

About 1.4 million adults in the United States identify as transgender. Many are at high risk of HIV.

April 17, 2020 By Trent Straube

Saturday, April 18, marks National Transgender HIV Testing Day (NTHTD) 2020. The University of California, San Francisco's Center of Excellence for Transgender Health (Trans CoE) partnered with the Centers for Disease Control and Prevention to launch the awareness day, but as of last year, the transgender health center no longer leads the effort (though its website continues to offer relevant data on trans health).



View this post on Instagram

Did you know that today is National Transgender HIV Testing Day #NTHTD? The CDC recommends that everyone between the ages of 13 and 64 get tested for HIV at least once, and that people with certain risk

factors get tested more often. In surveys done by CDC, only about one third of transgender people reported ever testing for HIV. Testing for HIV can give you important information and help keep you—and others—safe. #TransHIV #OnOurOwnTerms #CDCTransHealth #NTHTD #TransHealthMatters #HIV

A post shared by BWHI (@blkwomenshealth) on Apr 18, 2019 at 9:39am PDT

“In the United States, it is estimated that around 1.4 million adults identify as transgender,” according to the Trans CoE. “Transgender women are at high risk of having HIV and of contracting HIV. Transgender women of color, especially Black/African American and Hispanic/Latina women, experience disproportionately high rates of HIV. There is a gap in research on HIV and transgender men; few studies have gathered HIV prevalence data for this population.”

CDC.gov offers additional information on NTHTD, including social media resources—photos, sample tweets, hashtags and more—so you can raise awareness. The “Let’s Stop HIV Together” campaign highlights ways to promote testing among and treatment for transgender people.

What’s more, discrimination against the transgender community remains a challenge. For example, see this Human Rights Campaign blog post from last month: “Amid Global Pandemic, Idaho Governor Brad Little Prioritizes and Signs Anti-Transgender Legislation.”

In related POZ articles, see “New Research Sheds Light on HIV Among Transgender Men and Women” about a session at this year’s Conference on Retroviruses and Opportunistic Infections and “3 Reasons COVID-19 Poses a Higher Risk for the LGBTQ Population.” Plus, our December issue highlighted the 2019 POZ 100, which celebrated transgender, gender-nonconforming and nonbinary advocates.

View this post on Instagram

Thank you to everyone who helped us raise HIV awarenesses. It is important to advocate for research, reduce stigma and promote HIV testing. Make HIV testing a part of your routine. Take control, get tested and learn your status. Please find your local HIV Testing locations here: https://locator.aids.gov/ #NTHTD #DefeatHIV #RememberTheRibbon #ScienceNotStigma #StrengthInPurpose #RegionIVAccomplishingMore

A post shared by UHCOP SNPhA (@uhcopsnpha) on Apr 18, 2019 at 6:51pm PDT

© 2026 Smart + Strong All Rights Reserved.