Want a Free Box of Sex-Positive Goodies?

HRC is mailing them out as part of its “My Body” HIV campaign to celebrate Black and Latino LGBT people. Here’s how to get yours.

November 12, 2020 By Trent Straube

“Embrace your body and your sexuality. Taking precautions against HIV doesn’t mean you should be ashamed of your sexuality or not enjoy sex—you can love your body and stay safe.”

That’s the opening message of “My Body,” a new HIV awareness and education campaign by the Human Rights Campaign (HRC), a national LGBT advocacy group. Recognizing that nearly a quarter of young queer adults lack proper evidence-based sex education about HIV, the campaign is geared to empowering Black and Latino LGBT people between ages 16 and 35.

Get your free “My Body” box of sex-positive goodies!Courtesy of HRC.im/MyBody

The campaign will be mailing community members free My Body boxes filled with safe-sex tips and tools—including condoms, lip balm, dental dams, lube, a mug and a pill case, along with pamphlets and instructions on using the goodies. And because we’re in the midst of the COVID-19 pandemic, the boxes also include a face mask and hand sanitizer.

You can learn more about the boxes in the video at the top of this article and request one at HRC.im/MyBody.

In the upcoming year, HRC Foundation’s HIV & Health Equity Program, an educational arm of HRC, will collaborate with activists and medical experts to host discussions about safe sex—including

pre- and post-exposure prophylaxis (PrEP and PEP)—the importance of consent and the different ways you can discuss healthy sex.

A screengrab from HRC's "My Body: HIV and Sex Positivity Campaign" videoCourtesy of YouTube/Human Rights Campaign

To read about other HRC Foundation programs, see "How DO Long-Term Care Facilities Treat LGBT Elders?" and "4 Ways to Confront HIV at Historically Black Colleges and Universities."

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