

# HIV News Stat

May 29, 2009 By Laura Whitehorn

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People living with HIV must take meds regularly to suppress the virus. Depression can make it harder for people to adhere to their daily doses. But several studies show that antidepressants can help HIV-positive people stick with the pill program-and stay healthy.

*Get more HIV information at [poz.com](http://poz.com)*

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<http://beta.docker.realhealthmag.com/article/hiv-depression-16714-4708>