I Have Hepatitis C. Now What?

Here are some basic questions to ask your doctor about hepatitis C.

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Getting a hepatitis C diagnosis can be stressful, emotional and confusing. If you're newly diagnosed with hep C, take a deep breath, and remember there are treatments available that cure nearly everyone with hepatitis C. Work closely with a health care provider and surround yourself with the support you need.

Here are some basic questions to ask your doctor:

- What tests do I need to monitor my liver health?
- How severe is my liver disease? Do I have cirrhosis?
- What treatments are available for hepatitis C?
- What factors affect which treatment I should use?
- How long will I need to be treated?
- How likely am I to be cured?
- What are my options if treatment doesn't work?
- How can I prevent getting hepatitis C again after being cured?
- Do I need to be monitored for liver cancer?

- What else can I do to keep my liver healthy

Make a list of any other questions you may have. Don’t be afraid to let your doctor know when you don’t understand something. It may be helpful to bring along a family member or friend to support you and take notes.

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