

Dig In! Dining Out For Life 2026 Invites You to Eat Out to Support Local HIV Efforts

Treat yourself to dessert as the HIV fundraising effort kicks off at restaurants across the nation, Thursdays April 23 and 30.

April 22, 2026 By [Trent Straube](#)

Fighting HIV can work up an appetite. Luckily, the [Dining Out For Life](#) events allow you to raise funds for your local HIV service providers while enjoying a tasty meal.

The annual [HIV](#) fundraising event Dining Out For Life (#DOFL) kicks off in nearly 20 cities and regions around the nation the last two Thursdays in April—that's April 23 and April 30 this year—with numerous other cities and regions holding events on different dates throughout the year.



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The concept behind Dining Out For Life is simple: Participating restaurants donate a generous percent of their sales from that day to a local HIV service organization. In turn, the local HIV service organization and its supporters fill participating restaurants with diners. Win-win!

The events offer opportunities to raise [awareness](#), education and, of course, much-needed funding (especially in today's political and economic environment). They also build community, support local business and create wonderful memories.

The efforts do pay off. Dining Out For Life events in Denver, for example, have brought in \$310,780 for Project Angel Heart—a fundraising record for the national event. Minneapolis restaurants have raised \$261,680 for Aliveness Project, and in North Carolina, participants over the years have brought in \$256,377 for Western North Carolina AIDS Project - Asheville.



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A post shared by Nashville CARES (@nashvillecares)

[Visit DiningOutForLife.com](https://DiningOutForLife.com) to find your city and participating restaurants and to learn about the local HIV service provider being supported.

Just one example: Nashville, Tennessee, marks its 24th annual Dining Out For Life this year on April

30. A whopping 40 restaurants are participating, including chef Margot McCormack's Margot Café & Bar, a beloved eatery in East Nashville—if you're in the neighborhood, now's a great excuse to stop by because the restaurant will be closing in June after nearly 25 years, including 24 years supporting Dining Out For Life.



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A post shared by The San Diego LGBT Community Center (@lgbtcenter)

Here's a brief rundown of cities, regions and states participating in upcoming weeks, as they're listed on DiningOutForLife.com.

THURSDAY, APRIL 23, 2026

- Philadelphia, Pennsylvania
- Tampa Bay, Florida
- Denver/Boulder/Colorado Springs/Pueblo, Colorado

- Greater Palm Springs, Florida
- North San Diego County, California
- San Diego, California
- Chicago, Illinois

THURSDAY, APRIL 30, 2026

- Washington, DC
- Northeastern New York
- South Sound, Washington
- Western New York
- Cape Coral/Fort Meyers, Florida
- Minnesota
- Nashville, Tennessee
- Charlestown, South Carolina
- Indianapolis, Indiana

THURSDAY, MAY 28, 2026

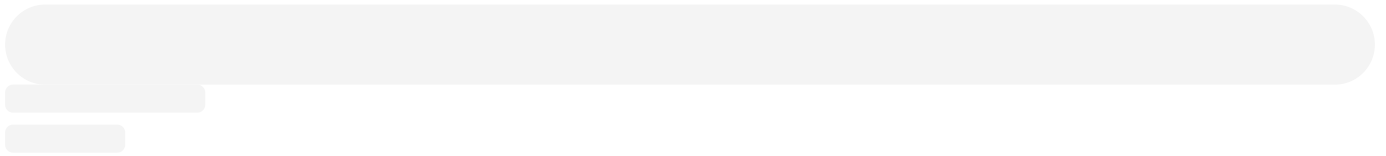
- Portland, Oregon

THURSDAY, JUNE 11, 2026

- St. Louis, Missouri

THURSDAY, JUNE 25, 2026

- New Orleans, Louisiana



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Each year, according to DiningOutForLife.com, “more than 50 local HIV service organizations partner with 2,400+ participating restaurants, 4,100+ volunteers and 300,000+ diners to raise over \$4.5 million for people living with HIV/AIDS in the United States and Canada. Best part? All

funds raised through a city's Dining Out For Life event stay in that city to provide help and hope to people living with or impacted by HIV/AIDS."

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<http://beta.docker.realhealthmag.com/article/dig-dining-life-2026-eat-support-local-hiv-efforts>