Is damage to the liver reversible?

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Yes, but not all of the time. Usually, the liver replaces damaged tissue with new cells, unless the damage is extensive as in the case of cirrhosis. Although cirrhosis is usually irreversible, reversal was observed in nearly half of all hepatitis C-infected people with cirrhosis who were cured.

You may be able to improve your chances of reversing liver damage by avoiding potentially toxic substances, including certain supplements as well as prescription and nonprescription drugs. Eliminating or reducing alcohol consumption, eating a healthy diet, and regular exercise may help. Be sure you are up to date on all immunizations, especially hepatitis A and B.

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http://beta.docker.realhealthmag.com/article/damage-liver-reversible-ask-rh