

Community Wellness Day Tackles Health Disparities in Black Georgia Communities

South Fulton's inaugural wellness event will feature free health screenings, education and Grammy-winning artist CeeLo Green.

September 9, 2025 By Laura Schmidt

On September 20, 2025, South Fulton, Georgia, will host the inaugural Community Wellness Day 5K Walk/Run to address [health disparities](#) in Black communities, especially men, announced District 6 Councilwoman Natasha Williams-Brown and 100 Black Men of South Metro Atlanta Inc, according to a [press release](#).



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In an effort to raise awareness of [chronic diseases](#), [mental health](#) and [preventive care](#), the wellness day will aim to [screen](#) over 500 Black men via complimentary services such as:

- [Cardiovascular](#) assessments;
- [Prostate cancer screenings](#);
- [Diabetes](#) and [HIV testing](#);
- Dental, vision and hearing evaluations;
- Mental health consultations;
- Erectile dysfunction evaluations;
- Additional primary and secondary health assessments.

What's more, Grammy-winning artist and philanthropist CeeLo Green will attend the event, where he will receive the inaugural Community Health Champion Award for his commitment to promoting wellness and uplifting communities across the country.



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The wellness day will feature entertainment, family-friendly activities, nutritious food and a variety of local wellness vendors and small businesses.

“Community Wellness Day is a declaration that our lives matter, our health matters and our healing begins now,” said attorney and event organizer LaDray Gilbert in the release. “If we can prevent even one family from experiencing a tragedy like the one I faced with my father, then our mission has already succeeded.”

Gilbert’s father died only months after being diagnosed with Stage IV lung cancer.

“He never had a chance,” Gilbert told [City Lifestyle](#). “This initiative is about giving others that chance—early, educated and empowered.”

In addition to fitness classes and mindfulness workshops, breakout sessions will include: “Brother, Let’s Talk About It,” focused on men’s mental health and barbershop talks; “She Matters Initiative,” centering women’s health and wellness; and “Grilling With My Daddy,” a celebration of fatherhood and family legacy.



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“We’ve watched too many men and women die simply because they didn’t have access or awareness,” Gilbert said. “I’m building the kind of system I wish my dad had. That’s what this is about.”

The Inaugural Community Wellness Day will take place Saturday, September 20, 2025, from 7 a.m. to 12 p.m. at 5495 Old National Hwy, College Park, Georgia.

To register for the event, [go here](#).

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<http://beta.docker.realhealthmag.com/article/community-wellness-day-tackles-health-disparities-black-georgia-communities>