Alcohol Has Direct Influence on Intention to Have Unsafe Sex

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Alcohol consumption has a direct influence an individual's intention to have unprotected sex, according to a study published in the journal *Addiction* and reported by aidsmap. An analysis of 12 studies conducted in the United States between 2004 and 2010 on young adults showed that there was a consistent relationship between higher blood alcohol content (BAC) and the likelihood of having unsafe sex—with each 0.1 milligram per milliliter (mg/ml) increase in BAC increasing the likelihood of self-reporting an intention to have unprotected sex by 3 percent. The authors noted that the investigation does not focus on actual condom use, but instead examines the intentions to use condoms.

To read the aidsmap article, click here.

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http://beta.docker.realhealthmag.com/article/alcohol-condoms-sex-21659-9060