 UK AIDS Group Supports ’Opt-Out’ HIV Testing for Gay Men

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The National AIDS Trust (NAT), an HIV group in the United Kingdom, has outlined steps to reduce late testing for the virus, Gay Star News reports. The NAT believes there should be an assumption that a sexually active gay man should be given regular HIV tests (having to opt-out of taking them) rather than having to ask for testing (needing to opt-in). Data show that gay and bisexual men are still at the top of U.K. transmission rates and that half of U.K. adults with HIV are diagnosed late. A U.K. Stonewall survey of gay and bisexual men found that the most common reason for not getting tested was that they assumed they weren’t at risk. But a third of the men didn’t get tested for HIV because they didn’t have any symptoms. Others said they weren’t offered tests, they didn’t know where to go, the clinics were intimidating, or the testing process was off-putting.

To read the Gay Star News article, click here.

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http://beta.docker.realhealthmag.com/article/UK-hiv-testing-22381-8561