Stuff We Love—Spring 2012

A roundup of the latest, must-have finds for hair, skin, health and beauty, these products are worth every cent.

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Smooth 'N Shine Curling Mousse (9 oz., $3.49) Stroke natural curls with this moisturizing, frizz-fighting, lightweight foam—and get extra body and bounce too.

Aubrey Crème de la Shave ($5.77) Slather skin with this nourishing nick-stopper and reap the benefits of natural apricot kernel and white camellia oils and aloe vera.

Goody Ouchless Headbands and Elastics ($4.50 to $7.99) These flexible, no-metal styling helpers do the job without snagging or breaking tresses!

Aubrey NuStyle Organic Detangler & Shine Booster ($9.95 to $21) This natural blend of quinoa protein, rice syrup and jojoba oil promises a smooth, strong hold minus chemical damage to hair.

Salon Grafix Invisible Dry Spray Shampoo (4 oz., $7.99 or 1 oz., $2.99) Have dirty hair but no time to wash? Then try this. Just spray, brush and go! Tresses get refreshed with no trace of unsightly white residue.

Dole Real Fruit Bites, Fruit Smoothie Shakers and Frozen Fruit Single-serve Cups (Prices vary.) These tasty morsels double as nutritious snacks or meals, and all make for healthy skin and hair.

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http://beta.docker.realhealthmag.com/article/Stuff-Love-Spring12-22049-7976