

# Pet Owner Among Social Roles Helpful for Women With HIV

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Having pets may be helpful for women living with HIV/AIDS and trying to manage their condition, according to a study published in the journal *Women's Health Issues* and reported by News-Medical.Net. The study focuses on which social roles would help women take meds, follow doctors' orders and live healthy lifestyles. Researchers found that the most powerful social roles were being a mother/grandmother, being a person of faith, an advocate, an employee and being a pet owner. All roles had positive impacts and empowered women to be more proactive in their health.

To read the News-Medical.Net article, [click here](#).

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<http://beta.docker.realhealthmag.com/article/Pet-Owners-HIV-21879-8867>