

Licking Lactose Intolerance

A new powder offers long-term hope.

February 16, 2006 By Chee Gates

For the 80% of black folks who are lactose-intolerant, there's a new product that may soothe that bubbly tummy. Touted as a one-time fix for lactose intolerance, Lactagen is a powdered dietary supplement that is taken with water or juice for 38 days. In a clinical trial, 80% of Lactagen takers reported significantly fewer symptoms than the group taking a placebo—even one month later. Lactagen is not FDA approved, and further testing is needed to study its long-term effects. Order Lactagen online at www.lactagen.com.

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<http://beta.docker.realhealthmag.com/article/Licking-Lactose-Intolerance-2663-4401>