Got 20 Minutes? Find Out Your HIV Status!

You can’t get HIV from spit, but you can find out your HIV status from it.

July 1, 2005 By Nick Burns

You can’t get HIV from spit, but you can find out your HIV status from it. The new painless (and bloodless) OraQuik Rapid HIV Test can determine if you’re HIV-free with a gentle swab of your mouth (previous rapid tests required a blood sample). FDA-approved for use last year, the test is now available at clinics and community health organizations around the country. Like other HIV tests, though, this cheek check can only detect if you were infected more than three months ago. If you were exposed more recently, ask your doctor about viral-load testing—but it’s expensive (up to $250) and may not be covered by insurance.

© 2026 Smart + Strong All Rights Reserved.

http://beta.docker.realhealthmag.com/article/Got-20-Minutes-Find-Out-Your-HIV-Status-1955-2018