The Expert Says

How do you find your passion in life?

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How do you find your passion in life? Find out what makes you feel better about yourself and then follow your bliss, says Kirk Charles, a New Jersey–based life coach and author of *How to Unleash the Power Within*. And give thought to these questions:

What gets you out of bed in the morning?
Whatever moves you to action qualifies. (Hint: It usually kicks you into high gear.) And, yes, for some people that includes making money.

How can you serve others?
Some would say this is what life is all about. Certainly, a feeling of warm satisfaction comes from helping your fellow man.

What makes life exciting?
This is something that gets your adrenaline pumping. Ever hear about being on a “natural high”? Who needs drugs to get there? Not you.

What is your gift?
Although this has much to do with natural ability, you can develop skills. To plug into your passion, just make sure to use the gifts you’ve got.

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