

Beauty Bits

September 2, 2005 By Julia Chance

To Dye For

According to the American Medical Association, home hair dyes do not put you at high risk for cancer (the research, however, didn't examine daily exposure on the job). Now you can just worry about the color!

Now Ear This

If you fear that piercing your baby's ears may cause unsightly keloids, a recent study found that they're actually more common during puberty. Piercing before age 11 is the safest bet.

The Mole Story

Yes, they're called beauty marks, but changes in the appearance of moles could be skin cancer. The American Academy of Dermatology says to monitor your moles and see a doctor if there are changes in their size, color or shape.

© 2026 Smart + Strong All Rights Reserved.

<http://beta.docker.realhealthmag.com/article/Beauty-Bits-2147-9234>