

Traffic Pollutant May Put Black Women at Risk of Diabetes

January 10, 2012

Cars are a convenience many people wouldn't want to do without, but the air pollution they cause is linked to heart problems. Now findings show the nitrous oxide autos release into the air might be associated with African-American women developing diabetes, according to a study published in the journal *Circulation* and reported by [The Boston Globe](#).

For the study, researchers at the Boston University School of Public Health and the Sloan Epidemiology Center tracked the health of 4,204 black women for more than 10 years. During that time period, doctors diagnosed 183 women in this group with type 2 diabetes. Scientists then used land modeling and data from air monitoring stations to estimate the women's exposure to nitrous oxides, a common traffic pollutant.

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<http://beta.docker.realhealthmag.com/article/Air-Pollution-Health-21750-6287>